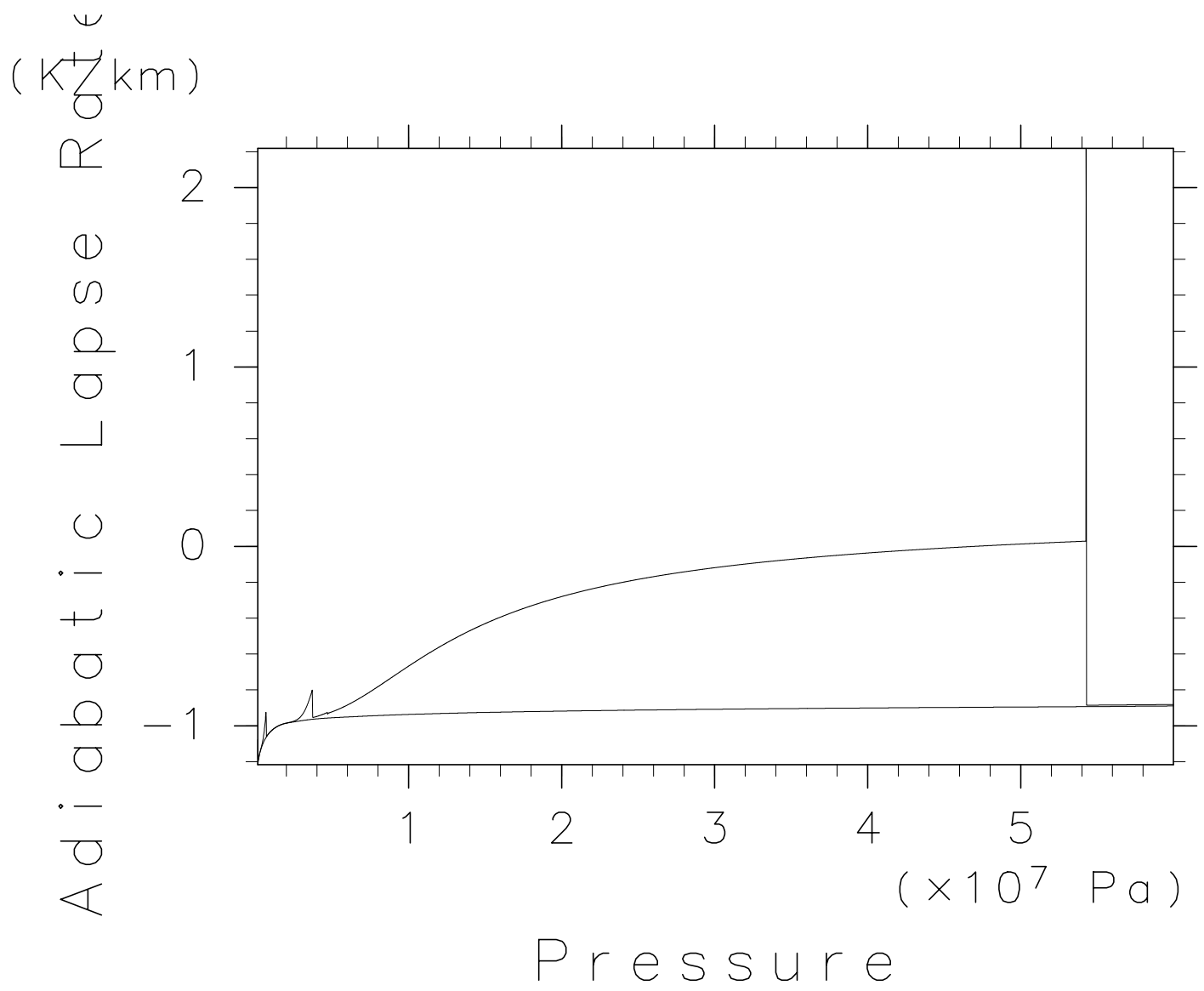Adiabatic Lapse Rate, Adiabati